

My Benefits Online – at a glance

The Home page — this is the starting page when you sign on to www.mysunlife.ca. Some of the features listed below may not be part of your benefits plan.

The screenshot shows the Sun Life Financial My Benefits Online Home page. At the top left is the Sun Life Financial logo. To the right of the logo are navigation links: Help, Contact us, Secure messages (with a yellow callout 3), Profile (with a yellow callout 4), and Sign out. Below these are buttons for Switch ID and Français. A main navigation bar contains Home and Resource Centre. The main content area is divided into several sections. On the left is a 'PLEASE READ' section (with a yellow callout 6) dated January 25, 2012, containing several news items. The main content area is divided into two primary sections: 'my health and well-being' (with a yellow callout 1) and 'my financial future' (with a yellow callout 2). The 'my health and well-being' section includes a 'Medical/Dental' sub-section (with a yellow callout 5) containing links for 'my coverage', 'my claims', 'Enrolment', 'Need glasses/lenses?', and 'Leaving the plan'. It also features a 'Wellness centre' and a 'Take me to...' dropdown menu (with a yellow callout 7). Below this is a 'Medical/Drug' sub-section with a contract number '025365/025364' and a 'my claims' link. The 'my financial future' section includes a 'my info Café' link. The page also features a 'Pension, Stock and Savings Programs Fund' link.

1 MY HEALTH AND WELL-BEING

Information and links members use most often, on plan coverage, claims, your next dental recall date and more

2 MY FINANCIAL FUTURE

If you have a Group Retirement account with us, you can access it here

3 SECURE MESSAGES

Send confidential benefits questions to us

4 PROFILE

You can change your password and update contact details and security information

5 ACCESS PLAN INFORMATION

Access detailed information about your medical and dental claims and coverage by selecting the applicable group contract number

6 PLEASE READ

Read messages about changes, enhancements and plan features

7 TAKE ME TO...

Direct access to popular features

The Quick view gives you easy access to your Medical and Dental claims and coverage information.

8 **9** **10** Help | Contact us | Secure messages | Profile **Sign out**

Home Coverage Claims Wellness centre Leaving the plan FAQs Print

Quick view

Member ID: [REDACTED]
 Medical: [REDACTED]
 Dental: [REDACTED]

11 **Claims and coverage**

Most Recent Claim Payment:	26 Jul 2011	\$96.00
Need glasses/lenses?:		\$200.00

Wellness centre

Wellness centre
[Health Library](#)
[Medication Library](#)

13 **Guides and Information**

[My plan made easy](#)
[Plan member communications](#)
[Resource centre](#)
[Provincial Health Plans](#)
[PVS Discounts](#)
[Europ Assistance](#)

12 **Take me to**

- [Submit a claim »](#)
- [Direct deposit »](#)
- [Coordination of benefits »](#)
- [Print drug card »](#)
- [Print travel card »](#)
- [Leaving the plan »](#)
- [Your comments »](#)
- [PVS Discounts »](#)
- [Europ Assistance »](#)

8 COVERAGE

- Get details of your medical and dental coverage
- Look up drug information

9 CLAIMS

- Submit most claims online. They are processed instantly – and you save paper.
- Complete and print personalized claim forms
- View your claims statements

10 WELLNESS CENTRE

- Create your personal health record
- Complete your Wellness Assessment and get tips on how to improve your health
- Get accurate information about medical conditions, treatments and drugs

11 CLAIMS AND COVERAGE

- View your most recent claims statement
- Check the date and amount of your next vision care purchase
- Check the next date you are eligible for a dental checkup

12 TAKE ME TO:

- Quick access to popular features:
- Sign up to have claims payments deposited directly into your bank account
 - Learn more about how coordination of benefits works
 - Print your personalized Pay-Direct drug and travel cards

13 GUIDES AND INFORMATION

- Read quick, informative articles about benefits
- Find out more about provincial health plans
- PVS brochure and discount card for savings on eyewear and hearing devices through the PVS network of health care service providers.
- Europ Assistance link to the website for members with extended healthcare coverage and emergency travel assistance.

Life's brighter under the sun

Group Benefits are offered by Sun Life Assurance Company of Canada, a member of the Sun Life Financial group of companies.

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